**Our 3- and 4- years old program**

**offers lots of activities to teach the young student fun in learning. Through play in our various learning centres and interactions with experienced staff children will get comfortable with a class room setting, taking instructions from a teacher and be prepared for Kindergarten.**

**Preparation for Kindergarten**

To prepare your child for Kindergarten:

* Talk to your child about starting school in easy terms. They will be prepared and understand what is going to happen
* Attend a Moms and Tots program with your very young child to ease them into a school setting where they are exposed to other children and a grown up other than their parents they get instructions from. Your child will learn to trust in school while you are still with them.
* Have your child attend a preschool program such as a Co-operative Preschool that allows you to partake in the program on a regular basis. This gives the child a feeling of reassurance and lets you observe how your child is doing in the class room setting.
* Before starting Kindergarten your child should know most of the following basics:
  + to listen to and follow directions/instructions
  + how to spell their name
  + their address and phone number
  + attain an appropriate attention span
  + to zip up a coat and tie shoes
  + to hold a pencil properly
  + basic cutting, tracing and glueing
  + know shapes and colors, numbers to 20 and the Alphabet
  + early number and letter recognition
  + in Quebec for English speaking children: to have at least an introductory vocabulary for all of the above